

Breakfast

Provided at no charge for children under 3

\$12/week or \$3.50/day


	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Toast w/ Juice	Biscuits & Gravy	French Toast	Breakfast Tacos	Muffins & Fruit

Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Popcorn & Juice (Cheerios for Under 3)	Granola Bars & Milk	Seasonal Fruit	Pudding	Applesauce
1st Week Lunch	Taco Salad Rice Corn	Chicken Spaghetti Black-Eyed Peas Green Beans	Sloppy Joes French Fries Baked Beans	Fish Sticks Macaroni & Cheese Carrots	Pizza Salad Green Beans
PM Snack	Crackers & Cheese Sticks	Peaches	Cookies & Milk	Peanut Butter Crackers & Juice	Ice Cream
AM Snack	Graham Crackers & Milk	Trail Mix w/ Raisins (Cheerios for Under 3)	Crackers & Cheese Slices	Pears	Ice Cream
2nd Week Lunch	Chicken Quesadillas Spanish Rice Pinto Beans	Spaghetti w/ Meat Sauce Salad Green Beans	Hamburgers w/Trimmings Chips Apple Baked Beans	Hot Dogs Fritos Ranch Style Beans Carrot Sticks	Chicken & Dumplings Green Beans Cranberry Sauce
PM Snack	Seasonal Fruit	Oreos & Milk	Chex Mix & Juice	Pudding	Popcorn & Juice (Cheerios for Under 3)
AM Snack	Ritz Crackers & Juice	Cereal Mix & Milk	Seasonal Fruit	Pudding	Fruit
3rd Week Lunch	Soft Tacos Rice Corn	Chicken Alfredo Peas Salad	Chopped Beef Sandwiches Potato Salad Green Beans Pickles	Chicken Tenders Broccoli, Rice & Cheese Casserole Peaches	Grilled Cheese Sandwiches Vegetable Soup Chips
PM Snack	Animal Crackers & Milk	Pineapple	Crackers & Cheese Slices	Goldfish & Juice	Ice Cream
AM Snack	Cheese Toast	Oranges	Oreos & Milk	Cheez-Its & Juice	Ice Cream
4th Week Lunch	Taquitos Rice Refried Beans	Steak Fingers Mashed Potatoes Cream Gravy Green Beans	Ham & Cheese Sandwiches Chicken Noodle Soup Chips & Pickles	Corn Dogs Sweet Potato Fries Ranch Style Beans Carrot Sticks	Chicken & Rice Casserole Mixed Vegetables Pears
PM Snack	Seasonal Fruit	Graham Crackers & Milk	Trail Mix w/ Raisins (Cheerios for Under 3)	Pudding	Pretzels & Juice

If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special dietary needs.

Breakfast Policies--
 Breakfast is served daily from 7:00 to 7:45 AM, and is available for an additional fee of \$3.50 a day or \$12 a week.



All children who eat breakfast will be charged, whether they bring food from home or eat the school-provided meal. Children who bring breakfast from home will be offered our meal as well. Children who arrive after breakfast time is over may save their parent-provided breakfast for lunch or their parent may supervise them until they have finished eating. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step.

Food from Home--
 All parent provided meals & snacks should be nutritious and healthful, in order to meet the daily needs of growing children.



Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)

Additional substitutions and/or deletions will be made as needed for the safety of our younger children.

All breakfasts & lunches served with milk & water.
 All snacks served with water unless otherwise indicated.

***AS SCHEDULED—ALL MEALS SUBJECT TO CHANGE
 DUE TO CIRCUMSTANCES BEYOND OUR CONTROL***