

Breakfast

\$12/week or \$3.50/day

K-8 Menu 2018-2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal & Toast w/Juice	Biscuits & Gravy	French Toast	Breakfast Tacos	Muffins & Fruit

Lunch

\$5/day or *\$22/week *with lunch subscription

\$5 or \$6 for take-

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Popcorn & Juice	Granola Bars & Milk	Seasonal Fruit	Cinnamon Toast & Milk	Applesauce
1st Week Lunch	Taco Salad Rice Corn	Chicken Spaghetti Black-Eyed Peas Green Beans	Sloppy Joes French Fries Baked Beans	Fish Sticks Macaroni & Cheese Carrots	Chick-fil-A Small \$5 6 nuggets & chips Large \$6 sandwich, chips, & brownie
PM Snack	Crackers & Cheese Sticks	Peaches	Cookies & Milk	Peanut Butter Crackers & Juice	Ice Cream Sandwiches
AM Snack	Graham Crackers & Milk	Trail Mix w/ Raisins	Crackers & Cheese Slices	Pears	Ice Cream Sandwiches
2nd Week Lunch	Chicken Quesadillas Spanish Rice Pinto Beans Salsa	Spaghetti w/ Meat Sauce Salad Green Beans	Cheeseburgers w/Trimblings Chips Apple Baked Beans	Hot Dogs Chili & Cheese Fritos Ranch Style Beans Carrot Sticks	Papa John's Pizza Small \$5 up to 3 pieces w/ salad Large \$6 up to 4 pieces w/ salad & cookie
PM Snack	Seasonal Fruit	Oreos & Milk	Chex Mix & Juice	Pudding	Popcorn & Juice
AM Snack	Ritz Crackers & Juice	Cereal Mix & Milk	Seasonal Fruit	Yogurt	Fruit
3rd Week Lunch	Soft Tacos Rice Corn Salsa	Chicken Alfredo Peas Salad	Chopped Beef Sandwiches Potato Salad Green Beans Pickles	Chicken Tenders Broccoli, Rice & Cheese Casserole Peaches	Chick-fil-A Small \$5 6 nuggets & chips Large \$6 sandwich, chips, & brownie
PM Snack	Animal Crackers & Milk	Pineapple	Crackers & Cheese Sticks	Goldfish & Juice	Ice Cream
AM Snack	Cheese Toast	Oranges	Oreos & Milk	Cheez-Its & Juice	Ice Cream
4th Week Lunch	Taquitos Rice Refried Beans Salsa	Steak Fingers Mashed Potatoes Cream Gravy Green Beans	Ham & Cheese Deli Sandwiches Chicken Noodle Soup Chips & Pickles	Corn Dogs Sweet Potato Fries Ranch Style Beans Carrot Sticks	Papa John's Pizza Small \$5 up to 3 pieces w/ salad Large \$6 up to 4 pieces w/ salad & cookie
PM Snack	Seasonal Fruit	Graham Crackers & Milk	Trail Mix & Juice	Snack Cakes & Milk	Pretzels & Juice

If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special dietary needs.

Breakfast Policies--

Breakfast is served daily from 7:00 to 7:45 AM, and is available for an additional fee of \$3.50 a day or \$12 a week.



All children who eat breakfast will be charged, whether they bring food from home or eat the school-provided meal. Children who bring breakfast from home will be offered our meal as well. Children who arrive after breakfast time is over may save their parent-provided breakfast for lunch or their parent may supervise them until they have finished eating. K-8 Students must be enrolled in extended care to eat breakfast at Step By Step.

Food from Home--

All parent provided meals & snacks should be nutritious and healthful, in order to meet the daily needs of growing children.

Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)

All breakfasts & lunches served with milk & water.
All snacks served with water unless otherwise indicated.

***AS SCHEDULED—ALL MEALS SUBJECT TO CHANGE
DUE TO CIRCUMSTANCES BEYOND OUR CONTROL***