



# Step By Step Menu

# Summer 2017



## Breakfast - \$12/week or \$3.75/day

*Breakfast is included in tuition for Lambs, Bunnies, Penguins, Guppies, & Kittens.*

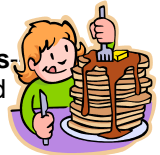
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Menu	Cereal Fruit	Biscuits & Gravy	Pancakes	Breakfast Tacos	Muffins Fruit

## Hot Lunch Program - \$22/week or \$5/day

*The hot lunch program is included in tuition for Lambs, Bunnies, Penguins, Guppies, & Kittens.*

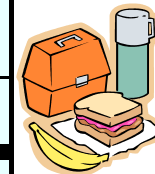
	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Trail Mix & Milk	Crackers & String Cheese	Cookies & Milk	Pretzels & Juice	Seasonal Fruit
1st Week Lunch	Lasagna Salad Green Beans	Chicken Nuggets Macaroni & Cheese Carrots	Corn Dogs Baked Beans Fritos Carrot Sticks	Grilled Cheese & Pickles Chips Fruit	Soft Tacos Rice Pinto Beans
PM Snack	Goldfish & Juice	Applesauce	Seasonal Fruit	Ice Cream	Animal Crackers & Milk
AM Snack	Chex Mix & Milk	<small>Peanut Butter Crackers &amp; Milk Cheese Crackers (12-24 months)</small>	Vanilla Wafers & Milk	Goldfish & Juice	Granola Bars & Juice
2nd Week Lunch	Pizza Salad Green Beans	Chicken Alfredo Peas Salad	Hamburgers & Trimmings Tator Tots Ranch Style Beans	Ham & Cheese Sandwiches Chips Carrot Sticks	King Ranch Chicken Corn Black Beans
PM Snack	Cheez-Its & Juice	Fruit Cocktail	Seasonal Fruit	Ice Cream	Cookies & Milk
AM Snack	<small>Popcorn &amp; Popsicles Cheese Balls (12-24m)</small>	Crackers & Cheese	Graham Crackers & Milk	Ritz Crackers & Juice	<small>Peanut Butter Crackers &amp; Milk Cheese Crackers (12-24 months)</small>
3rd Week Lunch	Spaghetti w/ Meat Sauce Salad Green Beans	Fish Sticks Macaroni & Cheese Carrots	Hot Dogs Chips Ranch Style Beans	Sloppy Joes Potato Salad Carrot Sticks	Taco Salad Spanish Rice Peaches
PM Snack	Trail Mix & Juice	Pineapple	Seasonal Fruit	Ice Cream	Chex Mix & Juice

If your child needs a special diet, does not like what will be served, or needs to eat something different from the scheduled menu, please provide food accordingly. Please send written instructions as to your child's special diet needs.



### Breakfast Policies

Breakfast is served daily from 7:00 to 7:45 AM, and is available for an additional fee of \$3.25 a day or \$10 a week. All children who eat breakfast will be charged, whether they bring food from home or eat the school-provided meal. Children who bring breakfast from home will be offered our meal as well. Children who arrive after breakfast time is over may save their parent-provided breakfast for morning snack time (approximately 9AM) or their parent may supervise them until they have finished eating.



### Food from Home-

All parent provided meals & snacks should be nutritious and healthful, in order to meet the daily needs of growing children. Please avoid the following items: carbonated and/or caffeinated beverages (sodas, energy drinks, etc), food that must be refrigerated or heated, candy, and "fast" food (takeout from McDonald's, etc.)



All breakfasts & lunches served with milk & water.

All snacks served with water unless otherwise indicated.



**\*\*\* As scheduled—all meals subject to change due to circumstances beyond our control\*\*\***